#### Correlative Studies in Phase III Trials: Design elements of biomarker studies

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## Learning Objectives

Session: Correlative Studies in Phase III Trials Title: Design elements of biomarker studies

Objectives:

- To define biomarker and the types of biomarkers
- To understand the issues in designing appropriate biomarker studies
- To understand the roles of biomarkers in phase I, II and III studies
- To understand different biomarker trial designs

## What is a Biomarker?

"Biomarker" covers 3 aspects – characteristic of interest, the method measurement and context

 Biomarker: A <u>characteristic that is objectively</u> <u>measured</u> and evaluated as an indicator of normal biologic processes, pathogenic processes, or pharmacologic responses to a therapeutic intervention Biomarkers Definitions working Group National Institutes of Health

Biomarkers Definitions working Group National Institutes of Hea 2000

- Assay: A <u>method</u> for determining the presence or quantity of a component
- **Test:** A procedure that makes <u>use of an assay for a</u> <u>particular purpose</u>

Good biomarkers *≠* Good Assays *≠* Tests

## Why do biomarker studies?

- To understand cancer biology
- To improve treatments
- To change medical practice

The most important biomarkers yield results that will influence treatment recommendations

Not all biomarkers are prospectively validated in trials.

### **Biomarker Examples**

A "Biological measure" – may be tissue, plasma, urine, imaging

Type of setting	Examples of Biomarkers	
RISK of developing cancer in normal individuals	<ul><li>BRCA carrier</li><li>Hepatitis B infection</li></ul>	
EARLY DETECTION	<ul> <li>Mammogram</li> </ul>	
PROGNSOSIS	<ul><li>Lymph node status</li><li>HER2 + in breast</li></ul>	
PREDICTIVE treatment benefit or harm	<ul> <li>ER/PR in breast cancer</li> <li>HER2+ in breast cancer</li> </ul>	
MONITOR disease	PSA in prostate	
SURROGATE ENDPOINT for efficacy	<ul> <li>Objective response</li> <li>?PET scan</li> <li>?CTC in prostate/other</li> </ul>	

# Why are successful biomarker studies uncommon?

- Biological heterogeneity
  - Cellular, tumour, patient
- Assay variability
  - Within assay, between assays
- Specimen variability
- Effect size
- Context e.g. primary versus metastatic, prior treatment

A lot of "noise" that blur marker and outcome correlation

## **Trial Designs and Biomarkers**

Trial Phase	Purpose	Biomarkers	Modifications
0	Define dose Select agents	Target modulation PK	Normal Volunteers Pre-surgical
l Metastatic	Safe dose/shedule	Target Modulation PK Toxicity Activity	Expanded cohorts to evaluate target , toxicity or screen activity
II Metastatic	Activity	Predictive markers Monitoring	Randomized
III Metastatic	Efficacy/Clinical benefit	Predictive markers Monitoring	Subset analyses
III Adjuvant	Efficacy/Clinical benefit	Predictive Prognostic/Risk	Subset analyses

Type of marker changes depending on phase of trial

## Phase 1 Trials: Considerations

- Primary goal: To identify an appropriate dose/schedule for further evaluation
- Design principles:
  - Maximize safety
  - Minimize patients treated at biologically inactive doses
  - Optimize efficiency
- Study population:
  - Patients for whom no standard therapy

## Phase 1 Trials: Considerations

- Primary goal: To identify an appropriate dose/schedule for further evaluation Small patient
- Design principles:
  - Maximize safety
  - Minimize patients treated at biologically inactive doses
  - Optimize efficiency
- Study population:
  - Patients for whom no standard therapy

#### Expect target modulation but not anti-tumour activity

numbers

Heterogenous

Refractory

Tumours

#### Pharmacodynamics (PD)

- Study the effect of drug on the body (normal tissue) or tumour
- Most drugs are designed to inhibit activity of target molecules
- Potential markers are chosen based on known biochemical and signaling pathways of the targets
- Pathways are better known for some targets than others

*Issue: what to measure, how, in what, when, what does change mean?* 

#### Biomarker(s) for Treatment Selection

- Predictive biomarkers
  - differential effects of treatment are seen based on the marker test result
- Prognostic markers <u>may be used for treatment</u> selection:
  - The marker defines such a GOOD prognosis group that NO treatment is offered (or reverse)

Ideally, trials should be designed to distinguish predictive versus prognostic effects

#### Prognostic versus Predictive Markers

#### **Prognostic Marker**

Measurement associated with clinical outcome in absence of therapy or with standard therapy that all patients are likely to receive.

- Examples: Oncotype DX, uPA/PAI-1 by ELISA in breast cancer
- Correlation with outcome not necessarily sufficient to impact clinical decisions, may suggest targets for therapy



Useful prognostic information?

#### **Predictive Marker**

Measurement associated with response or lack of response to a particular therapy.

- Examples: ER/PgR for endocrine Rx benefit in breast cancer
- Statistical wisdom: Test for treatment by marker interaction



Interaction = 0.44/1.31 = 0.33



Interaction = 0.44/0.76 = 0.58

### Biomarkers in Phase II/III: PREDICTION

- Drug/treatment activity
- Differential treatment <u>effects within patient</u> marker subsets
- Prevalence of Marker+ and/or Marker- groups
- Trial design distinguish predictive and prognostic effects
- Reliable <u>assay (and lab)</u> to assess the biomarker
- Sufficient samples (number, quality)
- Feasible (scientific, operational, economic)

## Phase 3 (or 2) Trial -Effect of Assay False Positive and Negatives is to Make things look the same



#### **Types of Trials - Stratified Medicine**

#### Study Molecular Analysis\_ Rx pop Requirements – CLIA/GLP Laboratory, Fast analysis of patient samples Smaller number of patients enrolled in trial Whole population Rx Molecular Analysis Requirements – Larger number of patients enrolled in trial, GLP – like assay/laboratory

*Is there a strong hypothesis and compelling rationale? Is there a validated assay? NOTE: The population size screened does not change* 

# Suppose we have a new targeted therapy designed to be effective in patients with Marker A.

What types of clinical trials should we design?

## **Biomarker Clinical Trial Designs**

- Target Selection or Enrichment Designs
- Unselected or All-comers designs
  - Marker by treatment interaction designs (biomarker stratified design)
  - Adaptive analysis designs
  - Sequential testing strategy designs
  - Biomarker-strategy designs
- Hybrid designs

### Target Selection/Enrichment Designs

If we are sure that the therapy will not work in Marker-negative patients AND

We have an assay that can reliably assess the Marker THEN

We might design and conduct clinical trials for Marker-positive patients or in subsets of patients with high likelihood of being Marker-positive

#### HER2 and Anti-HER2 Breast Cancer Therapy

- Background
  - 1980s: HER2 over-expression poor prognostic factor in BC
  - 1992: Phase I clinical trials with humanized MOAb begin: only patients with HER2 overexpression enrolled (2-3+ IHC)
  - Improved survival in trial of chemo +/- trastuzumab in metastatic disease; cardiotoxicity noted (Slamon, NEJM 2001)
  - 1998: FDA approval for trastuzumab approved for combination chemo in metastatic disease along with test to measure HER2
  - 2005/6: Adjuvant trials show improved DFS. FDA approval

### **Enrichment Design**



Slamon D et al. N Engl J Med 2001;344;783-92

## TRASTUZUMAB: The Power of Patient Selection



Bajamonde, Genentech

### Concordance of the HercepTest<sup>®</sup> to the Clinical Trial Assay



Concordance = 79% (76%-82%) 95% Confidence interval

Consider how a positive biomarker trial result would lead to clinical uptake Need to consider technology and knowledge translation (e.g. a test and how to use it)

## Summary: Enrichment Design

- Strong scientific rational
- Small % of BC patients are HER2+
- Expensive agent
- Need for test to define that population
- Biomarker was *presumed* to be predictive.
- Test is not perfect and outcome is not certain (often indicate who not to treat rather than who will benefit)
- Questions: activity in marker negatives, sensitivity, specificity of the test.

# Unselected "All Comers" Trial Designs

If we are not sure that the Marker will define groups of patients that will benefit/not benefit from treatment

#### OR

There isn't a validated assay that can reliably assess the status of the Marker

#### THEN

We might design and conduct clinical trials in unselected patients and try to identify predictive markers and robust assays.

## Retrospective and Prospective Analysis Designs

#### **Retrospective Analyses Designs**

- Hypothesis generation studies
  - Retrospective analyses based on convenience samples
- Prospective/retrospective designs

#### Prospective Designs

- Marker by treatment interaction designs (biomarker stratified design)
- Adaptive analysis designs
- Biomarker-strategy designs
- Sequential testing strategy designs

Hybrid designs

#### Prospective/Retrospective Design

- Well-conducted randomized controlled trial
- Prospectively stated hypothesis, analysis techniques, and patient population
- Predefined and standardized assay and scoring system
- Upfront sample size and power calculation
- Samples collected during trial and available on a large majority of patients to avoid selection bias
- Biomarker status is evaluated after the analysis of clinical outcomes
- Results are confirmed by independent RCT(s)



Prospective

### Phase 2 – I–SPY–2

Breast Cancer Patients, candidates for neoadjuvant therapy



4-5 investigational drugs identified for initial testing

Suppose we want to find out if using a biomarker to select treatment is better?

## Marker-based Strategy Design

If we think that one therapy will work in Markernegative and another therapy will work in the Marker-positive patients

#### AND

We have a validated assay that can reliably assess the Marker status

#### THEN

We might design and conduct clinical trial to test whether using the biomarker to select treatment for patients is better than not using the marker to select treatment

## Marker-based Strategy Design

#### **Marker-Guided Randomized Design**

Randomize To Use Of Marker Versus No Marker Evaluation Control patients may receive standard or be randomized



- Provides measure of patient willingness to follow marker-assigned therapy
- Marker guided treatment may be attractive to patients or clinicians
- Inefficient compared to completely randomized or randomized block design

## Example: ERCC1: Customizing Cisplatin Based on Quantitative Excision Repair Cross-Complementing 1 mRNA Expression



- > 444 chemotherapy-naïve patients with stage IIIB/IV NSCLC enrolled,
- 78 (17.6%) went off study before receiving chemotherapy, due insufficient tumor for ERCC1 mRNA assessment.
- > 346 patients assessable for response: Objective response was 39.3% in the control arm and 50.7% in the genotypic arm (P = .02).

Cobo M et al. J Clin Oncol; 25:2747-2754 2007

### Predictive Markers Trials: Considerations – Summary

- ► Is the <u>drug/treatment</u> active?
- Do we have a marker/markers?
- What are the treatment <u>effects within patient</u> subsets?
  - Are there <u>enough patients</u> to assess treatment effects in Marker+ and/or Marker- groups?
- Does the <u>trial design</u> distinguish predictive and prognostic effects?
- Is there a reliable <u>assay</u> to assess the biomarker?
- Good laboratory/ies that can reliability conduct the testing
- What are the <u>sample</u> requirements?
- Is it feasible?

#### Hybrid Designs: Identifying Recurrence Risk in Breast Cancer

- Many newly diagnosed breast cancers have low risk of recurrence
- 90% receive chemotherapy
- Question: Can we identify those with excellent prognosis <u>without</u> chemo (define good risk group) <u>that is NOT identified by current</u> prognostic markers

## Molecular Signatures:

#### Oncotype DX Recurrence Score:

- Calculates recurrence risk by quantitative RT-PCR analysis of 21 genes (can use <u>paraffin fixed tissue</u>)
- Score identifies high risk vs. low risk ER+ pts
- Growing use in adjuvant decision making (although no RCT to prove utility)
  - ASCO and NCCN Guidelines (2007)
  - Adjuvant RCT ongoing
- 70 gene MammaPrint test
  - Undergoing large adjuvant trial in Europe (MINDACT) (uses <u>fresh frozen tissue</u>)

#### TAILORx - Study Design: Trial will address how to use the test



#### MINDACT Design (Microarray in Node-Negative Disease May Avoid Chemotherapy Trial)

Evaluate çlinico-pathological risk (Adjµvant!) AND 70-gene signatµre risk



# Summary: Unprecedented Opportunity

- Rapid advances in understanding of cancer biology
- Rapid advances in technology
- An increasing arsenal of active agents available commercially or under clinical development
- Many opportunities for biomarker evaluation

# 8 Considerations for Biomarkers in Clinical Trials

- What is the question?
- Biomarker(s) What we want to measure
- Assay How we measure it
- Specimen What we measure it in
- Study/Trial Design Why, when, how we study it
- Study Execution Can we get the study done
- Study Outcome What it tells us
- Likely Impact Whether we use it